

# BehaviourSafe At home

"All parents who have children with a learning disability should receive this training. It enables you to keep your children safe and to have the confidence to access the community more."

**BehaviourSafe at home** supports parents, carers and family members living with children who display extreme behaviours, to improve the safety of everyone.

Suitable for parents of children with additional needs including Autism, ADHD, learning difficulties and mental health difficulties, the two day course includes:

## Early Intervention

Understanding the triggers of challenging behaviour and how to deal with them is essential to improve the safety of all in the home. This course supports parent/carers to gain a better understanding of the theory and use of physical interventions and to cope with all levels of behaviour, with a focus on early intervention and de-escalation techniques.

## Theory and Practical

The course covers:

- The theory of de-escalation
- The legal framework around restrictive techniques
- Tailored early intervention strategies
- Individualised response plans
- Physical intervention training, including non-restrictive and restrictive techniques if required.

## Support and Community

Participants have the opportunity to meet other parents and carers facing similar challenges, access to a closed website area and support from a private Facebook support group.



"Excellent trainers with a huge wealth of experience. Thank you very much"

"I feel empowered by the information and techniques I learnt on this course"



BehaviourSafe at Home is run by BellsCroft Consultancy and part funded by Activities Unlimited.

For more information, visit [www.bellscroft.co.uk](http://www.bellscroft.co.uk) or to book a course, email [info@activities-unlimited.co.uk](mailto:info@activities-unlimited.co.uk) or call 01473 260026